



# TE KOPURU SCHOOL NEWSLETTER 4 September 2018

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## Whakatauki:

### Mai i te kopae ki te urupa tatou ako tonu ai

From the cradle to the grave we are forever learning

## Tenei te mihi atu ki nga matua katoa

### Dear Parents/Caregivers

Tenei te mihi ki a Layla Solomon-Waru ki te kura o Te Kopuru. We welcome Layla and her family to our School.

As you are aware, with the outbreak of mycoplasma bovis virus, the decision was made to withdraw the calf section of our Pet and Project Day. However, we are still wanting to continue with the lamb and goat section. Could you please complete the enclosed form and return to school as soon as possible so that we can plan our day on Wednesday 24 October.

Thank you to those parents who attended the Te Kopuru Performing Arts Festival meeting last week. An organising committee was formed, and more information about the day and the help needed will be sent out in our school newsletters. The next meeting will be held on Wednesday 26th September at 7.00pm. All welcome - the more people we can share the workload with will be the better for everyone. Our Festival will be held on Saturday 1 December.

Next week is a busy week with our speech contest on Tuesday 11 September, starting at 10am in the school hall. This is always a special event, so please mark this date on your calendar. Once again, we are fortunate to have Lyn Trounson and Elaine Barfoote as our adjudicators.

On Wednesday 12 September we will be holding our school cross country. Children have been busy training for this event. A special thank you to Jessica and Michael Rope for hosting the event on their farm. Fingers crossed for some sunny days to dry the paddocks out - although our students probably wouldn't agree! See you there!

School Visits: on Thursday 6 September, the Te Kopuru Playcentre will be visiting our school. We look forward to this event and meeting the students and whanau.

The Junior Hub will be visiting the Te Kopuru Fire Station on Wednesday 19th September. This will be a new experience for many of our junior students and it is the cumulation of learning about 'Caring Communities.'

And to finish, I would like to acknowledge the coaches and managers of our rugby and netball teams this year. The time, effort and commitment they put into our young athletes is very much appreciated. Thank you.

Nga mihi

Lee Anderson

# BOARD OF TRUSTEES NEWS

## **TE KOPURU SCHOOL BOARD OF TRUSTEES 2018**

Anthony Nelson (Chairperson) 4396444  
Bonnie Patterson 4395269  
Lee Anderson (Principal) 4391802

Brenden Nathan 4396840  
Maria Beattie 021 0371447  
Kerry Little (Staff Rep)

The board has approved the Te Kopuru School 5/10yr property plan.

The board has received notification that ERO will visit our school at the beginning of term four 16th-19th October as part of the 3 year review cycle.

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## **TE KOPURU SCHOOL CALENDAR**

**Tuesday 11th September-** Te Kopuru School Speech Competition

**Wednesday 12th September:** Te Kopuru School Cross Country

**13,14,17,18,September:** Life Education Caravan

**Wednesday 19th September-** Northern Wairoa Speeches

**Friday 14th September-**Lucky Book Issue 6 closes

**Wednesday 26th September-** Duffy Role Model Show with Tim Tipene

**Wednesday 26th September-**Te Kopuru School Performing Arts Festival Meeting 7pm

**Saturday 1st December-**Te Kopuru School Performing Arts Festival



### **School Speech Competition**

Our speech contest will now be held on Tuesday 11th September, 2018 at 10am in the School Hall.

Students are focusing on writing their speech competition. Please encourage them to practice at home using a variety of voice, tone and volume for effect.

**Te Kopuru School Cross Country-** now on Wednesday 12th September

**Venue-** Ropes Farm West Coast Road

### ***Race Timetable***

<b>Start Time</b>	<b>Age as at 1st January</b>
<b>10.00-10.15am</b>	12,13 year Boys Followed by the Girls 5 mins after
<b>10.15-10.30am</b>	10, 11 year Boys Followed by the Girls 5 mins after
<b>10.30-10.45am</b>	8, 9 year Boys Followed by the Girls 5 mins after
<b>10.45-11.00am</b>	7 year Boys Followed by the Girls 5 mins after
<b>11.00-11.15am</b>	6 year Boys Followed by the Girls 5 mins after
<b>11.15-11.30am</b>	5 year Boys Followed by the Girls 5 mins after
<b>Projected finish time of all races 12.00-12.15pm At 12.30-12.45pm We will make our way back to school. Parents who wish to take their children home, please inform their classroom Teacher.</b>	<b>Students need to bring/wear</b> Suitable clothing and footwear, Change of clothing & warm jersey. Water bottle, Lots of healthy food eg: sandwiches. A great attitude.

## Reminders

- Suitable clothing and asthma pumps, if required, for cross country training
- Second installment for the Year 7 & 8 Wellington tour is due 18 September. Flights have been booked
- Wheels Day- Held every Friday for the Junior Hub. Please bring along a scooter and helmet. Children must wear closed shoes.

## BRAINIACS....Enhancing your child's ability to learn.

Kia Ora. Hola. Namaste. Talofa Lava. Malo e lelei. Hello.

Things that will switch your brain off to learning and remembering include; Lack of fresh air, Lack of freshwater, Environmental noise, Certain smells (harsh chemical cleaners, petrol, nail polish...) Electromagnetic Fields (things that run on electricity), Stress, One-sided exercises, Junk Food (fizzy drinks, foods high in colourings or sweeteners - a lot of food is junk food in the disguise of healthy snacks, or breakfast cereals or convenient lunch box ideas).

Aroha nui

## ONLINE SAFETY FOR PARENTS

<https://www.netsafe.org.nz/online-safety-for-parents/>

IF YOU DON'T UNDERSTAND IT, TRY IT

You need to understand the technology to better understand the challenges that young people face online. Explore the websites and apps your child uses to improve your knowledge, and take the time to read terms and conditions. You could even ask them to show you how it works, as a way to start conversation around online safety.

**LABEL READING**

### LESS SUGAR CLAIMS

**"NO ADDED SUGAR"** - however, this product may still contain large amounts of natural sugar.

**"25% LESS SUGAR"** or **"MADE WITH 65% FRUIT JUICE"** - these can still be high in sugar.

Look at the label and pick products with less than 10g of sugar per 100g.

8 watches per box 120g NET

Developed by Sport Waikato 2018

The infographic features a blue background with a vertical 'LABEL READING' banner on the left. It includes a 'Fruit A Watchers' logo with a character and a product image of strawberry watches. A small label on the product image states '65% fruit juice' and 'No artificial colours or flavours'.

**LABEL READING**

### BAKED NOT FRIED

Baked foods can have just as much fat as fried foods. Check the label and pick products with less than 10g total fat per 100g.

Developed by Sport Waikato 2018

The infographic features a yellow background with a vertical 'LABEL READING' banner on the left. It includes a 'Shapes' logo with a character and a product image of 'Shapes Pizza'. A small label on the product image states 'BAKED NOT FRIED' and 'FLAVOUR POTENTIAL 2.5'.

## ARE YOU GIVING BUGS A HAND

The Junior Hub was recently visited by Fran from Northland Health to talk to our students about the importance of washing hands, covering mouths when coughing and spluttering and so on...

- Campylobacter causes a sore stomach and diarrhoea
- Group A StREpTococcus causes a sore throat and rheumatic fever
- Staphylococcus aureus causes boils and skin infections
- E-coli causes food poisoning and diarrhoea
- Influenza causes the flu
- Viral conjunctivitis causes painful, red, weepy eyes
- Norovirus causes vomiting and diarrhoea
- Hepatitis A: causes jaundice and diarrhoea

**WASH YOUR HANDS FOR 20 SECONDS AND DRY YOUR HANDS THOROUGHLY OR USE HAND GEL AND RUB HANDS TOGETHER UNTIL DRY**

## Family Start

TE URI O HAU TANGATA DEVELOPMENT LTD

Family start is the programme to inspire you to be the BEST PARENT you can ever want to be. You know what, You can be the best!. You can be the best parent you want to be and Family Start can help you get there.

You can help your baby:

- Learn
- Grow to be strong and healthy
- Have good positive relationships
- Be safe
- Have a warm stimulating, nurturing environment.

Family Start would love to help you.

6 Murdoch street Dargaville ph (09) 439 1826 Monday- Friday 8.30am-5.00pm



# Te Kopuru School Pet and Project Day Entry Form

Entry for LAMB/GOAT for Te Kopuru School Pet and Project Day.

*To be handed into School Office as soon as possible*

CHILD'S NAME.....JUNIOR/SENIOR  
(Over 10YRS old on 1ST November)

CHILD'S DATE OF BIRTH.....

ANIMAL'S NAME.....

ANIMAL'S DATE OF BIRTH.....

.....  
(Parents/Caregivers Signature)

.....  
(Date)

**Animals (Animals shall be born between 1 July and 15 September-Lambs,Goats)**

The animals are judged in terms of leading, Rearing and Calling. The Rules of the event generally follow the Northern Wairoa Boys and Girls Agricultural Club Rules.

**Please remember that no entire male animal is allowed.**